

Best Practices Advisory Committee

Minutes from January 16th, 2007

Voting members present: Carlos Andarsio, Christy Dye, Aimee Schwartz, Penny Free Burke, Bob Bohanske, Teresa Bertsch, Judy Russell, Jill Fabian, Sue Davis, Tim Dunst, Joan Grey, Tim Davis

Non-voting members present: Michael Shafer, Meena Shahi, Bob Crouse, Dan Wynkoop, Leticia D'Amore, Jytte Methmann, Ali Dela Trinidad, Vicki Staples, Laura Nelson, Melissa Thomas, Kim Skrentny

Absent: Trish Bleth, Tom Kelly, Alexandra O'Hannon, Valley Owen, Judith Pickens, Stacia Ortetga

Welcome and Introductions: Carlos Andarsio

Review of Minutes

- ❖ Review of Meeting Minutes from the December 15th, 2006 Strategic Planning Day. A suggestion was made to clarify, in the minutes, which practices were intended for Statewide implementation and which ones will be implemented as “demonstration sites”. With these changes, the minutes were approved.

Recap of Strategic Planning Day

- ❖ Carlos started the discussion by congratulating members on the general tenor of the meeting and the purposeful, collaborative work that was accomplished. Other comments included:
 - All members were involved and made contributions to the discussion
 - The criteria used to make selections was good
 - The work process was very productive
 - Having an entire day to devote to the process was helpful. The suggestion was made to utilize a similar process for future planning days.
 - Bringing people together in person allowed for richer contributions from the people generally available only via telemed.

Youth Substance Abuse EBPs

- ❖ Draft of letter to solicit interest in becoming a youth SA demonstration site and description of practices were handed out and reviewed. (electronic versions will be sent out after the meeting) Leticia provided an overview of the documents and we received the following feedback;
 - It would be helpful to reorganize the list of EBPs noted in the letter as follows:
 1. Cannabis Youth Treatment Interventions;
 - a) Motivational Enhancement Therapy (MET/CBT)
 - b) Assertive Community Reinforcement Approach (ACRA)
 - c) Multi-Dimensional Family Therapy (MDFT)
 2. Brief Strategic Family Therapy (BSFT)

- Clarify what is meant by “innovation Zone”
- Although the letter will go directly to provider agencies, make sure the RBHAs are “kept in the loop”. The suggestion was made that the letter could include direction to the providers to cc their respective RBHA if the provider submits a proposal to ADHS.
- Replace the term “Pilot Site” with “Demonstration Site”
- The letter should make clear to the agencies-- what they are committing to and what are the potential benefits if they submit a proposal? Some suggestions were made regarding possible incentives that could be offered to agencies.
- A question was raised about evaluative data expectations around our implementation of these Best Practices. Bob Bohanski suggested that the data received in Arizona be compared to already existing national data regarding these practices. This will give us a “yardstick” with which to measure our implementation.
- Regarding the EBP Overview document, the suggestion was made to eliminate the first paragraph on Motivational Interviewing, as it was superfluous, since it will be implemented statewide.

The recommendations will be incorporated into the documents and the letter will be sent out shortly.

ADHS Web Page

- ❖ Christy shared a draft version of the BPAC web page as it might appear on the ADHS Web site. Members provided feedback regarding how their contact information should be listed, as well as other content on the page.

Next Steps/Subcommittee Discussion

- ❖ Consumer Driven Outcome Informed Subcommittee; This group will be tasked with making recommendations on how best to implement CDOI practice Statewide and identifying potential obstacles to Statewide implementation. Members will include;
 - Marie Hawkins
 - Carlos Andarsio
 - Bob Bohanske
 - Aimee Schwartz
 - Judy Russell

Committee members were asked to consider who else from the community we may want to invite as a participant on the subcommittee. There is a need to keep the group fairly small but still diverse, so only about two more members should be added to the subcommittee. Christy suggested looking at the mailing list from the original Best Practices Committee and looking for potential members from that group.

- ❖ Assessment Subcommittee; This group is already established and will be having its first meeting soon. Carlos is chairing the Assessment Subcommittee and will report back to the BPAC at its next meeting in February. Aimee asked if the group included someone from the Office of Behavioral Health Licensure. It does not, at this time, but a representative from that office will be invited to join the group when their input is required.

A question was raised about how the composition of the subcommittee had been determined. Laura reminded members that the BPAC was the group that decided on the participants. Tim Davis stated that he remembered the discussion and wondered if he could still become a part of the Assessment Subcommittee. Carlos replied that the subcommittee wanted everyone's input and that Tim could provide his recommendations when the subcommittee presented its report back to the BPAC for feedback.

- ❖ Supervision Subcommittee; Considering the activity surrounding the other three subcommittees, the Supervision Subcommittee will be idle for the time being. The group agreed that as the Assessment Subcommittee starts winding down its activities in the Spring, the Supervision group will become active.
- ❖ Peer Support Subcommittee; Vicki Staples will chair this group and has already sent out an email to selected individuals, asking what they believe should be the key components of this process (implementing peer support as a "best practice" statewide). Other members of this subcommittee will include;
 - Sue Davis
 - Penny Free Burke
 - Tom Kelly

It was also suggested that Laurie Ashcroft be asked to participate, as well as Debbie Collier and Mary Robson, who would bring additional family perspective to the group. The Subcommittee will focus on the 18-24 year old, substance using population receiving peer support, but will look at critical components of a peer support program that will be applicable across various scenarios. Many of the lessons learned should be transferable to other populations.

Upcoming BPAC Meeting Dates

- ❖ Carlos suggested that the BPAC members consider monthly meetings for the next six months due to the number of important issues on the table at this time. Members agreed and meetings are set for the first Tuesday of every month. The next six meetings are scheduled as follows; (all meetings from 1:00-3:00)
 - **February 6th**
 - **March 6th**
 - **April 3rd**
 - **May 1st**
 - **June 5th**
 - **July 3rd**

Other

- ❖ Laura raised a question regarding the reporting format subcommittees will use to provide information to the BPAC. During a meeting where Laura was unable to be present, members had reviewed and approved of the Draft version originally suggested by Laura. The group agreed that this form will be used, on a trial basis, by the Assessment Subcommittee for its report back to the BPAC in February. The Template can be reviewed at the meeting on the 6th and any recommended changes incorporated.

Next meeting: Tuesday February 6th, 2007 from 1:00-3:00 in room 215B